

7th March 2016

It was an excellent week for the club with our U13 Girls qualifying for the final of the Cork Championship and our U14 girls qualifying for the North Munster Cup final.

Our U14s got the week off to a flyer with a win over Rockets in the North Munster Cup semi final. The girls had to be at their best to see off a determined Rockets team who were competitive right to the end. Our girls opened up at a high tempo and established a first quarter lead of 13-1. This lead was extended out to 30-9 at the interval. The girls kept up a high intensity to their game for the second half and had too much firepower for their rivals winning out on a score line of 50-19.

Top scorers for Colms were Aoife Morrissey 18, Jody O' Halloran 8 and Sophie Moore 6.

Our U13s travelled to Cork for their championship semi-final against Glanmire, minus Sophie Moore and Krista Berzina. The rest of the squad really stepped up in this game and led from start to finish sealing a 20 point victory.

Best for Colms were Bronagh Dollard, Aoife O' Neill, Jana Zundel and Julia Cunneen.

Our Senior Scholars had a super win over Shannon in the North Munster Senior League. The Scholars were second best in the first quarter as they trailed 7-10. However, slowly but surely they began to get to grips with their opponents and went in at the interval with an 18-15 lead. The Scholars with their deeper bench continued to play the game at a high tempo and managed to pull away for a comfortable 44-32 win in the end.

Top scorers for Colms were Aoife O' Connell 10, Lynsey Purcell 10 and Eimear Dollard 9.

Our U16 girls completed their Cork League campaign falling to the league leaders and unbeaten Carraig na BhFear. The girls were right in this game and trailed by only 8 points going into the final quarter. However some of our players sat out the final quarter after picking up some minor injuries. This allowed the home team to run out easy winners in the end.

Best for Colms were Orla Zundel who was the games's top scorer followed by Aoife Morrissey and Hazel Dinneen.

Our U13 girls are in Cork League action as they travel to Waterford to play Wildcats.

Our Senior Scholars hope to consolidate second spot in the North Munster league as they face up to UL Huskies.

14th March 2016

Our Senior Scholars team played UL Huskies in the North Munster League, in a dress rehearsal for their upcoming cup semi final. The Scholars were much too strong in this league encounter and won all 4 quarters. Indeed their dominance was outlined by the fact that they kept UL scoreless for the entire third quarter. The pleasing aspect for their coach was that all 11 players on the night contributed on the scoresheet in a 68-35 win.

Top scorers were Fiona O' Connell and Lynsey Purcell on 11 each followed by Caoimhe Gleeson 9 and Laura Sheahan 7.

Our U13 girls travelled to Waterford to play Wildcats in the Cork League. This was always going to be a tough game with Wildcats lying second in a very competitive league. Our girls are also flying high after reaching the Cork Championship Final last week. They carried forward this form and confidence into their game with Wildcats and were on top throughout. The home team employed a full court press for most of the second half, but our girls stood firm and won a high quality game on a scoreline of 41-33.

The girls had Sophie Moore back after missing the semi-final win against Glanmire and she ended up the game's top scorer. There were also standout performances by Bronagh Dollard and Jana Zundel, but this was a real team performance with all 10 players on top form, which delighted coach Emily.

Our U10 girls have been busy of late and played a further 3 games in a blitz held at Scoil Carmel. Coach Karen is hugely encouraged with the progress these young players are making and have really blossomed since the turn of the year. There were 13 players on duty last Sunday namely, Grainne, Treasa, Melissa, Anna, Natasha, Kitija, Sintija, Emma, Ava, Chloe, Giselle, Danielle and Alexa.

The North Munster League comes to a conclusion next week, before a hectic few weeks starting with the North Munster cup Finals, followed by Cork Championship Finals, the Southern Regional Tournament and the AICC Finals weekends.