

6th February 2017

There were some mixed performances and results by our teams during the week.

Our U16 Girls travelled to Cork to play Ballincollig in the quarter finals of the Championship. The game was a very physical and bruising affair with the home team intent on imposing themselves on our girls. Aoife Morrissey and Orla Zundel especially received close attention from Ballincollig. The girls also suffered a blow with Amy Higgins limping out of the game in the second quarter with an ankle injury. The girls weathered the early onslaught by Ballincollig and gradually began to get on top in all areas of the game. The girls' defence again was the cornerstone of their performance as they won out on a scoreline of 37-24.

The girls will be in semi-final action later in the month against either Carraig na BhFear or Skibbereen.

Our U14 Girls were in action in the Johnny Murphy invitational tournament and equalled their best ever placing in the event by reaching the semi-finals. The girls came out of their pool which included Ballincollig and Titans from Galway to set up a quarter final encounter with Midleton. The game was a scrappy affair with our girls not at their best. Nevertheless they prevailed on a scoreline of 33-23 to reach the semi-final stage. Their opponents were Tullamore who have proved themselves to be one of the top U14 teams in the country over the past year or so. Our girls suffered a blow with Julia Cunneen ruled out of the game after suffering an injury in the warm ups.

The game was a high quality affair with Tullamore always holding a slight edge throughout. The final score of 42-33 was a true reflection of how the game went.

Our final team in action were our U12 girls who faced Rockets in the semi-finals of the North Munster Cup. Sadly our girls let the occasion get to them and proved most disappointing in the game. They were second best in all aspects of the game and can have no complaints about the final score line of 27-12.

The club have a number of teams in action next week. Our senior Saints are in action against UL Huskies and our senior Scholars play Garda College in the North Munster League. Our U14 and U16 girls are in action against Midleton in the Cork League. Finally our U10 to U14 squads face Springfield in the North Munster League.

13th February 2017

It was a busy week on the playing front with all our teams in action at some stage during the week.

Our U14 Girls played two game over the weekend and came out on top in both. The girls hosted Midleton in a top of the table clash in the Cork league hoping to avenge their only league defeat of the season. This was an excellent high quality game with both teams playing a high tempo game. The lead switched hands a number of times in the first quarter with our girls holding a slender 16-15 lead. Our girls got a slight run at the start of the second quarter and held that advantage to half time to lead 32-26. The second half was all one way traffic. Our girls put in a blistering performance and just went into overdrive. They completely dominated both offensive and defensive boards and overwhelmed their opponents to surge to a very impressive 63-32 win.

Sophie Moore picked up the MVP award scoring a game high 27 points followed by Bronagh Dollard on 13 and Abbie Pigott on 10.

Our U16 girls also hosted Midleton in the Cork League and were always comfortably in control in this game. All 12 players got plenty of court time in a game where our girls always held the upperhand. The final score was 44-33 with Orla Zundel top scoring on 16 points followed by Aoife Morrissey on 9, Caoimhe O' Neill 4 and Siofra Gleeson 4.

The next day the club hosted Springfield from U10 girls to U14 girls. The day started off with a hugely entertaining U10 game that went to a fifth quarter!! There was a number of outstanding talent on display, none more so than young Jade O' Neill who proved a revelation scoring a number of baskets.

Our U13 girls played Springfield U14s in a challenge game and after a shaky start proved they were well up to the task. They showed tremendous improvement in the second half and can take a lot of positives from the game. Best for the girls on the day were Sarah Cantillon, Zoe Dillon and Susannah Holland.

The U12 game proved to be the game of the day with the lead switching time and time again in a very close game. In the end Springfield just had their noses in front to win out on a scoreline of 22-21. A number of our U11 girls played in this game with Ava O' Halloran, Nofeesat Muniru and Melissa Do particularly impressive. Top scorers for the girls were Julina Ryan who had another excellent game and Kate Barry.

Our U14 girls fresh from their win over Midleton the evening before, proved much too strong for Springfield. A five on five off rotation was employed in this game as the girls eased to a 54-14 win against a Springfield side that finished strong in the game. Aoife O' Neill had an excellent game scoring 10 points with both Lucia McGill and Lucy Liston also putting in an excellent shift.

Both our senior teams were in North Munster league action with contrasting results. Our Saints never got their offence going against UL Huskies and will be disappointed with their return of 25 points in the game. The positive from the game was another sound defensive performance restricting UL to only 37 points. However a huge improvement is need on the offensive boards.

Our senior Scholars had no problem with scoring in their game against Garda College. They easily put up their best performance of the season with all 9 players on the night getting on the scoresheet. Their score of 66 points was by far and away their highest score of the season.

Top scorers were Orla Blake 13, Michelle Walsh 13, Eimear O' Malley 12 and Nuala O' Flaherty 10.

Next week Our U14 girls have a busy schedule. They are away to Glanmire in the Cork League, followed by a North Munster cup game against Celtics and a North Munster league game against UL Huskies. Our U10, U11, U12 and U16 girls are also in action against UL Huskies. Finally our Senior Scholars play LIT in the North Munster League.

20th February 2017

It was another busy week on the courts with all our teams in action with the exception of our Senior Saints team.

Our Senior Scholars team were the first in action in a North Munster league tie with LIT. Emily Kavanagh sat out this game ahead of her upcoming wedding. This was a wise decision as the game was a bruising affair. The Scholars shrugged off the physicality of their opponents to win out comfortably on a score line of 47-22 with Orla Blake and Michelle Walsh top scoring in the game.

The club would like to take this opportunity of wishing Emily all the best for her forthcoming wedding.

Our U14 girls played 3 games over 3 consecutive days and recorded 3 comfortable wins. On Friday they travelled to Cork to play Glanmire in the Cork League. The girls put down a marker straight away in this game completely dominating a one sided first half, to lead at the interval 29-2. The girls used the second half to practice some offensive plays before recording a comfortable 51-14 win. Top scorers were Sophie Moore 18, Bronagh Dollard 12 and Aoife O' Neill 5.

The next day the girls were in North Munster cup semi-final action against Celtics. A sizable crowd turned up for a highly anticipated game. This was a competitive affair until the interval with our girls leading 25 -18. The girls upped their work rate and tempo in the second half and got on top in all aspects of the game before easing to a 54-33 win. There was an excellent performance by Julia Cunneen who supplemented great defensive work with a number of crucial baskets. Top scorers were Bronagh Dollard 16, Sophie Moore 12 and Julia Cunneen 11.

On Sunday the girls faced UL Huskies in the North Munster League. The girls were always in control of this game winning all 4 quarters comfortably to win out 53-23. Special mention must go to Bronagh Dollard who was the standout performer over the three days. Top scorers against UL were Bronagh Dollard 19, Abbie Pigott 15 and Jana Zundel 8.

Our U16 girls qualified for the All Ireland Club Championships in April with a hard fought win over UL Huskies in the North Munster league. It took some time for our girls to get used to a venue in which they had never played. They struggled to convert their chances into scores which allowed UL to stay in the game. A strong third quarter performance finally put some daylight between the teams before our girls sealed a 33-23 win. Top scorers for Colms were Aoife Morrissey 11, Jody O' Halloran 6 and Orla Zundel 6.

UL proved too strong for our u12 girls winning out on a score line of 34-12. The girls with a number of U11 players in their line out put in a very honest effort and are slowly beginning to show the benefits of all their games over the season. Best for the girls were Elisha Noonan, Kate Barry and Ellageorga O' Shea.

The U11 girls played their UL counterparts in a challenge game. When our girls were faced with opponents of their own age group, they proved up to the task winning a tight game 12-9 with Melissa Do and Treasa Ni Cholbaird top scoring for the girls.

Finally our U10 girls played UL Huskies in a non-competitive game. Both sides put in excellent performances before an appreciative audience. Best for our girls were Grace, Jade Sintija and Daria.

There is no let up in games next week.

Both our senior teams are in North Munster League action against Celtics and Tornadoes respectively.

Our U16 girls face UL Huskies again in the semi-finals of the North Munster Cup before travelling to Mallow later in the week for a Cork league encounter.

Our U13 Saints are in North Munster cup action in Rockets hoping to face their U14 counterparts in the final.

27th February 2017

Our U16 girls continued their excellent form in 2017 with another two wins in the past week. The girls met UL Huskies for the second time in the space of two days, this time in the semi-finals of the North Munster Cup. The outcome was another victory for our girls. The girls opened up an early lead in this game and were never seriously troubled thereafter. All 11 players on duty got plenty of court time as a rotation policy was employed throughout the game. In the end the girls had 12 points to spare in a comfortable 50-38 win, with 8 players on the scoresheet.

Top scorers for the girls were Aoife Morrissey 14, Amy Higgins 10 and Bronagh Dollard 6.

The girls travelled to Mallow on Saturday morning for a Cork League game minus a number of players including top scorer Aoife Morrissey. The girls nevertheless put in an excellent performance which shows the depth of the squad this season. Siofra Gleeson and Amy Higgins were outstanding in defence which led to quick turnovers and scores. These two girls put in a lot of unseen work on the court, with countless blocks and steals and have been terrific all season. From an early stage in this game, there was only going to be one outcome. The girls' pressure defence proved too much for Mallow, especially in the first half which our girls totally dominated. With the game in safe keeping, the tempo and pace of the game in the second half naturally dropped. In the end the girls cruised to a comfortable 56-34 win.

It was good to see three players hit double figures in the game with Bronagh Dollard on 16 the game's top scorer, followed by Jody O' Halloran who had another excellent game on 14 and Orla Zundel on 10.

Our Senior Scholars came up just short in their North Munster league encounter with Tipperary Tornadoes. The Scholars defence was top class as they kept the much taller Tipperary team away from the basket forcing them into outside shooting. Unfortunately for the Scholars, the Tipperary girls hit a purple patch in the second quarter with their outside shooting and opened up an eleven point lead. The scholars did every now and again get the deficit down to five or six points but a couple of crucial turnovers would prove costly. Tipperary closed out the game with a number of free throws to win an entertaining game on a scoreline of 36-27.

Top scorers for Scholars were Orla Blake 11 and Nuala O' Flaherty 7.

Our U13 girls bowed out of the U14 North Munster cup against a well-coached Rockets team, Our girls inexperience, especially in defence, was exposed by a much quicker Rockets side that punished every error made by our girls. This is a tough year for these girls as they are playing a year out of their age group. However you certainly cannot fault their effort and commitment which is first class. Best for the girls on the day were Ruby Mulholland, Nofeesat Muniru and Susannah Holland.

Next week is a busy week for both our U14 and U16 girls as they enter the crucial final weeks of a long campaign. Our U16 girls are way to Ballincollig in a Cork League encounter followed a day later by a Cork Cup semi-final against Carraig na BhFear. Our U14 girls are away to Ballincollig and then home to Glanmire in the Cork league hoping to consolidate their top of the league position. Finally our Senior Scholars are back in North Munster league action against Glen Cruisers.