12th march 2018

Normal service was resumed this week after all of our previous week's games fell victim to Storm Emma.

The club had three teams in action against Glen Cruisers in North Munster competition with all three putting in some excellent performances.

Our U10 girls were first in action in a non-competitive game and continue to show marked improvement over the course of the season. It was nice to see most of the players get on the scoresheet in a very positive display. Isobel Hanly had an excellent game and was helped in no small measure by Laura Chambers and Molly Smith.

Our U12 girls included a number of our development players in their North Munster league encounter against Glen Cruisers. The girls still proved too strong for the home side and recorded a good win. Yasmin Essefiani made the transition from the development squad look easy with an eye catching league debut performance. Others to impress on the day were Treasa Ni Cholbaird and Ava Shire.

The U14 game was an opportunity for a number of the squad players to step up to the plate and it was great to see each girl play their part in a good all round performance. Megan Cunningham was a bundle of energy and played great defence. Kate Barry was back to her very best and contributed 12 points on the scoresheet. Susannah Holland took on a greater leadership role in the absence of some front line players and top scored on 16 points. Alana Moran quietly went about her business and scored 14 points. Others to impress on the day were Azeezat Muniru and Emma Hogan in a comfortable win.

Our U16 girls travelled to Cork for a league game against Carraig na BhFear Rebels. Like many games this season, this was a high quality game between two focused teams. The home team helped by some good outside shooting raced into an early 7-2 lead. The girls soon settled and kept Rebels scoreless for the rest of the quarter to lead 9-7. The girls switched to man to man defence at the start of the second quarter which helped to keep the pace of the game at a high tempo. The girls played excellent in the second quarter to stretch their lead to 26-17 at the break. Rebels came back into the game in the third and fourth quarters with their transition play yielding dividends. With just over five minutes to play the score was 36 -33. Our girls really impressed in the final few minutes with their running game finally wearing down the home side. Final score 50-35.

Top scorers for the girls were Sophie Moore 15, Bronagh Dollard 13 and Aoife Morrissey 11. Others to shine on the day were Amy Higgins, Jody O' Halloran and Jana Zundel.

Our Senior Ladies North Munster league campaign came to an end this week with two comprehensive victories.

On Tuesday night our division 1 team played Shannon. The girls spurned some easy opportunities in the first quarter but held a 1 point lead at the break. The girls upped the tempo on defence in the 2nd quarter led by Fiona O'Connell, Aisling Stapleton and Laurie Brosnan. Good outside shooting and fast break points from Deirdre Barton who scored 18 points by half time saw the girls pull away by the interval. Aoife O'Connell and Joanne DeLoughrey dominated the boards on defence which allowed fast break points in the third quarter. Aoife Donovan took over the scoring opportunities with 12 points in the second half. The girls continued to outscore their opponents for the remainder of the match and ran out comfortable winners on a score line of 63-36. A very solid team performance throughout. Top Scores were Deirdre Barton 18 points, Aoife Donovan 12 points, Aisling Stapleton 9 points.

On Thursday night our division 2 team played LIT. A tight first quarter saw the girls miss some opportunities but had a 1 point lead. The game opened up in the second quarter with Michelle Walsh and Oral Zundel combining well. The girls had opened up a 12 point lead at half time. The third quarter saw Siobhan Keane hit the first 6 points. Eimear O'Malley and Olivia DeLoughrey controlled the boards at both ends of the court which allowed the girls to run the fast break. The girls upped their defence and didn't allow LIT on the score board in the third quarter. The coaches had the comfort of running all 11 players in and out of the game. The girls finished strongly with a 38 to 14 win. Top Scorers were Siobhan Keane 10 points, Nuala O'Flaherty and Orla Zundel 6 points.

Our U15 girls certainly had a busy Saturday with three games in two different counties. The girls travelled to Cork to play Brunell in the final of the U15 Championship. The girls were missing Julia Cunneen who was away on holidays, while Jana Zundel was suffering from the effects of a virus all week which limited her court time. It was up to the rest of the panel to step up and for most of the first half the girls were competitive. However two minor injuries to Aoife O' Neill and Abbie Pigott in quick succession had a negative impact on the girls. They quickly lost focus and allowed Brunell to open up a sizable gap. The girls never recovered and though they tried hard, the outcome of this game was long determined before the final whistle.

Brunell were deserving champions on a score line of 54-29.

It was a quick trip back to Limerick for the girls as they joined their U16 team mates for a Cork League game against Midleton. The U15 girls were used very sparingly in this game and it was left to the U16 girls to do the business. The first quarter was a tight affair with our girls holding a 9-6 lead. The girls played some super basketball in the second and third quarters outscoring Midleton 31-8. The girls did ease off somewhat in the final quarter but still won out 47-33,

Top scorers for the girls were Jody O' Halloran 13, Aoife Morrissey 9, Izzy Murphy and Bronagh Dollard on 6.

Our U15 girls were next in action and had to lift themselves one more time for a Cork league game against Fr Mathews. Jana Zundel sat out the game while most of the other players were showing signs of fatigue and carrying little knocks. An injury to Lucia McGill in the game added to the girls' woes. Nevertheless these girls have character in abundance and summoned up enough reserves of energy to withstand a very determined Fr Mathews side.

Just when Fr Mathews got to within touching distance, our girls showed their class and resilience to stretch away in the final few minutes to win out 59-47.

Abbie Pigott top scored on 23 points and was well supported by Bronagh Dollard, Sophie Moore a Sarah Cantillon.	and