



## **ST COLMS BASKETBALL CLUB Player, Parent & Coach Contract**

### Player:

As a St. Colms player I understand the following expectations are placed upon me

- To turn up to training/games on time and wearing suitable training gear and runners.
- To contact my coach if unavailable for any reason as early as possible to allow coach to plan ahead.
- To show respect to coaches, other players, parents and spectators from all clubs.
- To help out with younger squads, keep score/time etc when asked to help by a coach. Remember they give up their time for you and so all players are expected to 'give back' when required.
- To always play both by the rules and fairly in a sporting manner. To show respect for the officials who are trying to implement them. When a call is disputed I will allow my coach to deal with it.
- To remember that how I practice is how I play and so my best effort is expected at all times at training or in games.
- To remember that I play basketball because I enjoy it and that winning is not more important than playing my part in making the club a happy and successful one.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



Parent(s):

As a parent I understand the following expectations are placed upon me

- To help my child read and understand the contract they have signed and agreed to.
- To respect all athletes, coaches, officials and other spectators. Children learn from what they see and hear.
- To use the following procedure when an issue/concern arises.
  1. Wait 24 hours to cool down before reacting.
  2. Contact the St Colms chairperson to discuss the matter and agree on next steps.
- Encourage your child to play by the rules and be sporting in both victory and defeat.
- Remind them that their best effort is all that is expected of them and offer praise for good effort.
- Set a good example for children by getting them to training on time. Picking up on time. Contacting coach when unavailable to allow the coach to plan sessions. Please remember all our coaches, assistants and helpers give their time on a completely voluntary basis and some travel great distance to do so. A little cooperation on the above will be greatly appreciated by all volunteers.
- To remember that children play basketball because they enjoy it and that winning is not more important than playing your part in making the club a happy and successful one.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



Coach:

As a St. Colms Coach I understand the following expectations are placed upon me

- To treat every athlete, parent, official and spectator with respect and by modelling proper behaviour in actions and speech, teach my athletes the behaviour that is expected from all in this club.
- To make reasonable demands and have reasonable expectations of players and encourage them to give their best effort by offering constructive criticism as well as praise.
- To instruct athletes to follow both the letter and the spirit of the rules of the game.
- To remind athletes that winning a game or trophy isn't the only measure of success.
- Meet with anyone who has a concern/issue once requested using agreed process above. To listen to the concern and to do their best to resolve the issue.
- Work at upgrading and improving coaching skills so it may in turn help players to improve their skills.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



As mentioned in the contracts, all our coaches and club officials do so on a voluntary basis. We are one of the few clubs left who do not have to pay coaches and this allows us to keep costs to families well below the average. Our coaches travel as much as 50miles round trip to be in the gym and often at least four times a week. You see a coach a few times a week for the time your childs session takes but I would just like to give a little insight into the work you don't see:

- Time spent planning sessions, completing paper work for player entry and team entry into various competitions.
- Setting up the gym before training/games. Lifting benches, tables etc. Getting gear ready. Preparing first aid. Filling in scoresheets.
- Tidying up after sessions. Putting away all above equipment. Collecting gear and getting it cleaned and ready for next use.
- Attending meeting for leagues, referees changes and own club meetings as well as coaching clinics etc.
- Waiting for parents to collect children at end of sessions can often add another half hour on to the coach's time before they can go home!!!

As you can imagine this is a huge amount of time and effort for a coach to be giving and so going forward all teams will have a team manager to help with some of the non-coaching jobs: collecting forms, taking gear orders etc.

The team manager for each team will be advised early in the season.

\*\*If paying fees to a team manager or coach please seal in an envelope with your child's name, coach and the amount.\*\*

Yours in sport,

Gerry Campbell.