It was a disappointing weekend results wise for the club, with no victories recorded.

Our U18 girls had a double header of Cork League games and suffered losses in both games. Although the losses were disappointing, there were some good individual performances which should pose some selection headaches ahead of next weekend's national cup games.

The girls can blame a number of silly turnovers for their defeat to Celtics, especially in the second half. The girls were clearly ring rusty in this, their opening game of the Cork League campaign but will hopefully improve.

Caoimhe Gleeson and Lynsey Purcell top scored for Colms on 10 points apiece in this 27-48 defeat.

The following night Colms entertained Carraig Na BhFear and came out on the wrong side of a 40-70 scoreline. The girls found their opponents to be too hot to handle on the night with an incredible show of outside shooting.

Lynsey Purcell top scored on 17 points followed by Eimeard Dollard on 9.

The pleasing aspects from the two games were the display of younger players such as Fiona O' Connell and Jessica O' Brien who are playing with a lot of confidence and will provide added competition in the squad.

The team should be boosted by the return of Ciara O' Halloran and Chloe Dineen who missed both games and Caoimhe Gleeson who missed Saturday's game ahead of next weekend's cup games.

Our young U15 squad found life tough in their encounter with Carraig na BhFear. Laura O' Shea was ruled out of the game due to illness with 12 yo's Lauren Walsh and Megan Haugh sharing point guard duties in the game.

Carraig na BhFear proved too strong this time with a 60-23 win, but there are were early signs especially in the second half that this young team will prove competitive later in the season.

The club have pitched these girls into the deep end of Cork League competition this season to garner experience. While results may be hard to achieve this season, the experience playing at a high level should prove invaluable in their long term development.

Top scorers for Colms were Ruth Butler and Orla Zundel, with Muireann Scanlon and Emma McDonnell others to play well.

It was a busy weekend for the club with 5 teams in action. Our U18 girls travelled to Cork for the first rounds of the National Cup. The girls qualified for the last sixteen with a strong performance against Titans from Galway. The girls took a little time to get the measure of their opponents. The girls had their opponents in foul trouble with their direct approach but were not rewarding themselves on the free throw line. However the high tempo game that our girls were employing began to pay dividends and they opened up a healthy 31-12 interval lead. The girls continued on top in the second half, running out easy winners 57-26 with strong performances by Ciara O' Halloran, Ciara Stapleton and Fiona O' Connell.

The girls travelled down to Cork the following morning for their last sixteen clash with St Marys from Castleisland. This was a game of two halves with St Marys dominating to lead 41-17 at the interval. The girls were a different proposition in the second half to cut the deficit, but unfortunately, they were always playing catch up before losing out 55-40.

Top scorers for Colms were Ciara O' Halloran on 19 and Caoimhe Gleeson 12.

The club had 4 teams in action in the North Munster League away to Springfield in Dromcollogher. Our U12s must be wondering how they lost their game. They went into the final quarter 3 points ahead and seemingly on top. However for some reason the girls completely switched off in the last quarter and allowed their opponents to outscore them 12-4 and seal a deserved win by 27-22.

Bronagh Dollard, Jana Zundel and Hannah Barry were best for Colms.

Our U14 girls showed the benefits of playing in the U15 Cork League with a comprehensive 47-10 win. It took a while for the girls to settle. However once they got their fast break game operating, they ran in some nice scores. The pleasing aspect from a coaching point of view was the intensity the girls showed in defence, led by Shiofra Gleeson, Hazel Dineen and Emma McDonnell.

Top scorers for the girls were Orla Zundel 12, Megan Haugh 9 and Aoife Morrissey 8.

The U16 game was a very scrappy encounter with both teams failing to spark. A dour low scoring game finished with our girls edging it on a scoreline of 23-21.

The girls can thank Naomi Keogh for this win as her 8 points was the difference between the two sides.

Our U11s were also in action in a non-competitive game against Springfield. Our girls played very well and scored a number of baskets led by Abbie Pigott, Julia Cunneen and Lucia McGill.

The club had two teams in action over the weekend.

The club entered a very young team into an U15 Open Invitational Tournament in Cork, where they played 3 games against Fr Mathews, Ballincollig and Glanmire. With all bar three of the squad under 13 years of age, this was always going to be a big ask for these girls. Although they lost all 3 games, the girls played exceptionally well and certainly did not look out of place against their older opponents.

The girls played at a very high intensity and tempo which surprised their opponents. Although there was a lot of tired bodies at the end of the day, the girls can take a great deal of satisfaction from a good day's work. This was great experience for the girls going forward and it wont be long before the benefits from these games are realised. The squad on the day was Ruth Butler, Ruth Dollard, Muireann Scanlon, Megan Haugh, Emma McDonnell, Caoimhe Hogan, Shiofra Gleeson, Hazel Dineen and Orla Zundel.

The club hosted the first U10 blitz of the season with 6 teams from the North Munster area in action. Most of our squad have come up from the U8 nursery side from last season, so for many, it was their first real day of basketball competition. The girls played 4 non competitive games on the day and improved greatly from game to game. The older girls on the squad Abbie Pigott, Julia Cunneen and Roisin O' Reilly led in the scoring statistics but there were encouraging displays by the younger girls with Sophie Moloney, Kate Barry, Elisha Noonan and Julina Ryan to the fore.

Our Juvenile Basketball team travelled to Cork for the November Blitz and came away with three wins out of three with their two point win over Killester from Dublin the standout game of the day. This team train every Wednesday in CBS Sexton Street from 6.30 to 8.00 and is always open to new players, both boys and girls in the age bracket 7 to 16 years old.

Next week our U15 and U18 girls are in Cork League action against Midleton and Kanturk respectively. Our U11, U14 and U16 girls host Newport in the North Munster League.

Our senior ladies team have endured a frustrating start to the new season. They finally got to play their second league game of the season in the third week of November, which is far from satisfactory. They hosted Tipperary Tornadoes and came away with a solid win with all nine players contributing on the scoresheet. The ladies built up a 7 point lead in the first quarter and continued to stretch this lead out as the game progressed eventually winning out on a scoreline of 60-45.

Top scorers for Colms on the night were Ciara Meaney 11, Deirdre Barton 9 and Aoife o' Connell 9.

Our U15 girls were awarded a walkover in their Cork League game against Midleton, as their opponents were 35 minutes late for the scheduled start of the game. Both teams agreed to play a curtailed game with a running clock in operation. St Colms came out on top on a scoreline of 23-13 with Laura O' Shea and Megan Haugh best for Colms.

Our U18 girls are still searching for their first win in the Cork league after losing in overtime to Kanturk. This was a tight affair throughout with 2 to 3 points separating the sides at any given time in the game. Midway through the fourth quarter, Colms appeared to have won the game, as they opened up an 8 point lead and were well on top at this stage in the game. However a drop in concentration by our girls for literally one minute, allowed Kanturk score 6 unanswered points. Both teams had chances to win it in normal time before Kanturk took their opportunity to win it in overtime 48-45. The defeat was tough for the girls and just shows you how cruel sport can be at times.

Top scorers for Colms were Ciara O' Halloran 22 and Caoimhe Gleeson 10 with Jessica O' Brien and Sarah Murray other girls to play well on the night.

Our U16 girls certainly like to give value for money, as for the third time in their last 4 games, they managed to win a game by the minimum margin. This time they overcame Newport on a scoreline of 27-26. Despite dominating possession, our girls are just not converting their chances. This is allowing opponents to stay in contention in games. In reality our girls should be out of sight in these games, even if they were to convert half of their scoring chances.

Top scorers for Colms were Jane Clohessy 10 and Roisin Gleeson 8.

Next week our U15 and U18 girls are in Cork league action away to Glanmire. Our U11, U12, U14, U16, U18 and senior ladies are away to Celtics in the North Munster League while our U10 girls are in Dromcollogher for the December Blitz.